

Shelters, Food Assistance & Nutrition

Bread of Life

Bread of Life is a non-profit organization in Augusta, Maine, dedicated to feeding the hungry, sheltering the homeless, and empowering individuals to transform their lives. Since 1984, they have operated a soup kitchen serving over 120 meals daily, a 44-bed family shelter, a 14-bed veterans' shelter, and manage over 100 housing units throughout the city. Their comprehensive services include case management, outreach programs, and provision of hygiene kits, all aimed at fostering self-sufficiency and personal responsibility among those they serve.

- Address: 159 Water Street, Augusta, ME 04901
- Phone: (207) 626-3434
- Email: receptionist@mainebreadoflife.org
- Website: <https://mainebreadoflife.org/>
- Service Area: Kennebec County

Central Maine Family Christmas Dinner

Offers a free Christmas Day meal and community gathering for individuals and families seeking companionship during the holiday season. Held annually at Winslow Elementary School, the event is organized by Norman “Ziggy” Lawrence and his wife, Kim, and has been bringing people together for over 15 years. The dinner is supported entirely by volunteers and donations, aiming to ensure that no one spends Christmas alone.

- Address: Winslow Elementary School, 285 Benton Ave, Winslow, ME 04901
- Phone: (207) 314-5144
- Email: shasta814@yahoo.com
- Website: <https://www.facebook.com/profile.php?id=100064758634439>
- Service Area: Waterville

China Community Food Pantry

A volunteer-run pantry providing food to residents of China and nearby towns.

- Address: 1320 Lakeview Drive, China, ME 04358
- Phone: (207) 968-2421
- Email: chinapantry93@gmail.com
- Website: <https://www.facebook.com/p/China-Community-Food-Pantry-100064739676959/>
- Service Area: Waterville

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Cooperative Extension Service of the University of Maine System

The UMaine Cooperative Extension provides research-based education and resources to support Maine communities in areas such as agriculture, gardening, food safety, nutrition, youth development, and environmental stewardship. As part of the University of Maine, the Extension connects residents with expert knowledge, hands-on programs, and practical solutions to enhance economic, environmental, and community well-being. Services include support for farmers and home gardeners, 4-H youth programs, small business guidance, and workshops on sustainable living. With a commitment to accessibility and lifelong learning, the UMaine Cooperative Extension plays a vital role in empowering individuals, families, and businesses across the state.

- Address: 125 State St., 3rd Floor, Augusta, ME 04330
- Phone: (207) 622-7546 or (800) 287-1481
- Email: extension.kennebec@maine.edu
- Website: <https://extension.umaine.edu/>
- Service Area: Statewide

Downtown Waterville Farmers Market

The Downtown Waterville Farmers Market is a vibrant, community-centered marketplace that brings together local farmers, food producers, and artisans to offer fresh, seasonal, and sustainably grown goods. Held weekly in the heart of downtown Waterville, the market provides access to high-quality produce, meats, dairy, baked goods, and handmade products, while fostering connections between residents and regional growers.

- Address: 150 Main Street, Waterville, Maine 04901
- Phone: N/A
- Email: N/A
- Website: <https://snakeroot.net/waterville/>
- Service Area: Waterville

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Evening Sandwich Program

Soup kitchen with take-out service; volunteer opportunities available.

- Address: 69 Silver Street PO Box 2471 Waterville, ME 04901
- Phone: (207) 873-4006
- Email: uuwtvladm@gmail.com
- Website: <https://uucwaterville.com/evening-sandwich-program/>
- Service Area: Waterville

Emergency Food Assistance Program

A federal program administered by the Maine Department of Agriculture, Conservation, and Forestry (DACF) that provides free USDA food to low-income individuals and families through a network of over 250 food pantries and soup kitchens across Maine. Eligibility is based on income or participation in programs like SNAP, WIC, or Medicaid. No proof of income is required for prepared meals.

- Address: 22 State House Station, Augusta, ME 04333
- Phone: (207) 287-7513
- Email: gustav.nelson@maine.gov
- Website: <https://www.maine.gov/dacf/ard/food-assistance/tefap/index.shtml>
- Service Area: Maine

Fairfield Interfaith Food Pantry

Faith-based pantry offering food assistance to residents in Fairfield and surrounding communities.

- Address: 23 Lawrence Avenue, Fairfield, ME 04937
- Phone: (207) 317-0801
- Email: uuwtvladm@gmail.com
- Website: <http://www.fairfieldinterfaithfp.org/>
- Service Area: Fairfield

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Food Pantries

A comprehensive directory of food pantries serving the Augusta area, providing essential information on locations, hours of operation, eligibility requirements, and services offered.

- Address: N/A
- Phone: N/A
- Email: N/A
- Website: <https://www.foodpantries.org/ci/me-augusta>
- Service Area: Central Maine

Heart of Maine United Way

Heart of Maine United Way supports individuals and families across the region by funding and coordinating programs that address essential needs in education, financial stability, and health. Through partnerships with local nonprofits, businesses, and volunteers, the organization works to create lasting, positive change in communities. By mobilizing resources, advocating for solutions, and supporting initiatives such as food assistance, housing stability, and early childhood education, Heart of Maine United Way strengthens the social safety net and improves the well-being of residents throughout its service area.

- Address: 700 Main Street, Bangor, ME 04401
- Phone: (207) 941-2800
- Email: info@homeunitedway.org
- Website: <https://homeunitedway.org/>
- Service Area: Central Maine

Homeless Veteran Coordination Team

A dedicated team within the Maine Bureau of Veterans' Services focused on addressing and reducing veteran homelessness in Maine. They collaborate with partnering agencies to provide support and resources to veterans facing housing challenges.

- Address: 117 State House Station, Augusta, ME 04333
- Phone: (207) 287-7019
- Email: HVC.MaineBVS@maine.gov
- Website: <https://www.maine.gov/veterans/>
- Service Area: Maine

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Kennebec Valley Community Action Program (KVCAP)

Offers comprehensive services including housing support, energy assistance, child and family programs, and transportation. Also provides food assistance and referrals.

- Address: 101 & 97 Water Street, Waterville, ME 04901
- Phone: (207) 859-1500 | 1-800-542-8227
- Email: info@kvcap.org
- Website: <https://www.kvcap.org/resources/>
- Service Area: Kennebec & Somerset Counties

Loaves & Fishes

Provides food assistance to Albion residents; proof of residence is required. Open on the 1st and 3rd Thursdays of each month from 9:00 to 11:00 a.m.

- Address: 123 Benton Road, Albion, ME 04910
- Phone: (207) 437-7123
- Email: N/A
- Website: <https://www.facebook.com/AlbionFoodPantry/>
- Service Area: Kennebec & Somerset Counties

Maine Senior FarmShare

The Maine Senior FarmShare Program (MSFP), administered by the Maine Department of Agriculture, Conservation and Forestry, offers eligible low-income older adults a \$50 share of fresh, locally grown produce at no cost during the growing season. To qualify, individuals must be Maine residents aged 60 or older (55 for Native Americans) or disabled adults over 18 living in congregate housing with meal services, and meet specific income guidelines. Participants can sign up directly with authorized local farmers to receive a variety of fruits, vegetables, herbs, and honey throughout the season. For more information, including eligibility details and a list of participating farms, visit the MSFP website.

- Address: 18 Elkins Lane Augusta, ME 04333
- Phone: (207) 287-3491
- Email: seniorfarmshare.agr@maine.gov
- Website: <https://www.maine.gov/dacf/ard/food-assistance/farmshare/index.shtml>
- Service Area: Statewide

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Mid-Maine Homeless Shelter

This program provides safe shelter, food, and essential support services for individuals experiencing homelessness or housing insecurity. With a focus on self-sufficiency, services include emergency shelter, housing assistance, case management, and long-term stability programs.

- Address: 19 Colby Street, Waterville, ME 04901
- Phone: (207) 872-8082
- Email: shelter@shelterme.org
- Website: <https://shelterme.org/>
- Service Area: Waterville

Sidney Food Pantry

Distributes food to individuals and families in the Sidney area through local support and donations.

- Address: 3022 West River Road, Sidney, ME 04330
- Phone: (207) 547-3820
- Email: StarfishVillageMinistry@gmail.com
- Website: <https://www.watervilleucc.org/starfish-village>
- Service Area: Waterville

St. John's Food Pantry - Corpus Christi Parish

Provides food assistance to individuals and families in need through the Corpus Christi Parish network.

- Address: 21 College Avenue, Suite #5 Waterville, ME 04901
- Phone: (207) 613-6378
- Email: StarfishVillageMinistry@gmail.com
- Website: <https://www.watervilleucc.org/starfish-village>
- Service Area: Waterville

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Starfish Village

Starfish Village is a social welfare ministry of the First Congregational United Church of Christ in Waterville, Maine, dedicated to assisting individuals who are homeless, facing homelessness, or struggling to meet basic needs. Guided by principles of inclusivity and respect, the ministry offers direct financial assistance, life skills guidance, advocacy, and collaborates with other agencies to support those in need. Emphasizing flexibility and personalized care, Starfish Village strives to provide practical solutions that uphold the dignity and autonomy of each individual.

- Address: 21 College Avenue, Suite #5 Waterville, ME 04901
- Phone: (207) 613-6378
- Email: StarfishVillageMinistry@gmail.com
- Website: <https://www.watervilleucc.org/starfish-village>
- Service Area: Waterville

United Way of Kennebec Valley

Funds programs and initiatives that support food security, emergency assistance, youth development, and health services across the region.

- Address: 121 Commercial Street, Augusta, ME 04330
- Phone: (207) 626-3400
- Email: info@uwkv.org
- Website: <https://uwkv.org>
- Service Area: Central Maine

Vassalboro Food Station Pantry

Local pantry serving the Vassalboro area, offering food staples to families in need.

- Address: 679 Main Street, Vassalboro, ME 04901
- Phone: (207) 873-7375
- Email: vassalborofsp@gmail.com
- Website: <https://www.facebook.com/VassalboroFoodStationPantry/>
- Service Area: Central Maine

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Waterville Area Soup Kitchen

The Waterville Area Soup Kitchen operates The Lighthouse, a free dining space in Waterville that provides nutritious meals and a welcoming environment for socialization. Established in 2020 to address food insecurity, the organization initially distributed meals from personal vehicles before securing a permanent location at 38 College Avenue in 2022.

The Lighthouse serves breakfast and lunch Monday through Friday, offering guests a hot entrée with sides, desserts, and a light morning meal of cereal, toast, muffins, juice, and coffee. Meals are also available for pick-up, ensuring accessibility for those unable to dine in. In addition to providing food, The Lighthouse serves as a warming center, offering a safe space for individuals seeking warmth and companionship. Volunteers and donations play a crucial role in sustaining the kitchen's mission, helping to provide over 300 meals daily to those in need throughout the Waterville area..

- Address: 38 College Ave., Waterville, ME 04901
- Phone: (207) 859-3063
- Email: info@watervilleareasoupkitchen.org
- Website: <https://www.watervilleareasoupkitchen.com/>
- Service Area: Waterville

Waterville Community Gardens

Community garden spaces in Waterville located at North Street Recreation Area and Moor Street.

- Address: 151 North Street, Waterville, ME 04901
- Phone: (207) 861-5204
- Email: parks@waterville-me.gov
- Website: <https://www.waterville-me.gov/facilities/facility/details/North-Street-Community-Garden-28>
- Service Area: Waterville

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Waterville Food Bank

The Waterville Food Bank is an all-volunteer organization dedicated to providing food assistance to individuals and families in need. Founded in 1981 by the Waterville Area Interfaith Council of Faith Communities, it operates out of Pleasant Street United Methodist Church at 61 Pleasant Street in Waterville. As a Good Shepherd Food Bank partner, the Waterville Food Bank offers fresh and non-perishable food items, including vegetables, fruit, meat, dairy, and pantry staples. Clients can access food every 14 days by bringing identification and proof of Waterville residency. Open Monday through Thursday mornings and Monday evenings, the food bank also distributes fresh produce to other local feeding programs when available. Community members can support the food bank through cash or food donations and volunteer efforts, helping to ensure continued access to nutritious food for those facing food insecurity..

- Address: 61 Pleasant Street, Waterville, ME 04901
- Phone: (207) 616-0363
- Email: watervillefoodbank@gmail.com
- Website: <https://watervillefoodbank.org/>
- Service Area: Waterville

Winslow Community Cupboard

Distributes food to local residents in need through scheduled pantry hours and community partnerships.

- Address: 12 Lithgow Street, Winslow, ME 04901
- Phone: (207) 872-2544
- Email: <https://wccpantry.com/>
- Website: <https://watervillefoodbank.org/>
- Service Area: Winslow